

STATEMENT OF PURPOSE

Introduction:

My name is Anisha Bala, a permanent resident of Bhaktapur, Nepal. I live with my family members including me with my grandfather, grandmother, father, mother and sister. Recently, I have completed my higher secondary education.

My career goal is to reach my aim i.e. being a core nursing personnel. I am choosing nursing as my course because first of all, I am genuinely interested in and secondly, it is that field which occupies a big part in the medical field. Basically, Nursing is the profession that gives me inner satisfaction for helping ill people. After being a core nursing professional, I have a desire to provide the expert services like providing health care services, monitoring patients progress and educating about health condition and diseases. So, to build my career in the field of Nursing, I am writing this statement of purpose to pursue my further studies at Holmesglen's Institute, Melbourne Australia.

Academic background:

I have been the excellent student in my secondary and higher secondary school. I have completed my School Leaving Certificate (SLC) examination from Golden Gate English Secondary School with total of 90.25% in the year 2015. Since my school days when I was young, I enjoy helping others and was very interested in the subject science, thus after the completion of my SLC examination I decided to choose science as my major in my high school. I did choose my major as science because it was the subject of my interest and could get the chance to enhance my knowledge in physics, chemistry, biology and mathematics which was very essential part for the career I chose. Biology was always my first priority because my goal was to continue my further study in nursing. I have passed my higher secondary level from Khwopa Higher Secondary School, Bhaktapur with the aggregate percentage 74.9% in the year 2017. In the meantime after the completion of my higher secondary school, I started preparing for IELTS test. With some preparations I finally appeared in IELTS test held on 9th September 2017 by British Council where I secured an overall band score of 7.0.

Why Not Nepal?

There are many institute affiliated to Nepalese universities in Nepal providing nursing courses to the students. The education system here in Nepal is suffering because of the old education system which is been used from past decades. The education system of Nepal is mainly focused on theoretical method rather than practical method. My chosen degree is nursing which requires maximum practicality to build a student to a great nurse. Similarly, there are limited seats available for an admission in the education providers of Nepal to study nursing. In that limited seats a lot's of student are waiting to fill that specific seats for an admissions. Plus, I want an education that covers more

practical exposure than theoretical studies to be an expert nurse. For this, my country will not be suitable for me as theoretical studies are approached more while studying. So, considering these facts, I have not chosen Nepal for my further studies.

Why Australia?

It was my dream to have my higher study abroad and very glad that my parents were supportive to my decision. After doing research, I chose Australia because the Australian education system is highly recognized around the world and most importantly much valued here in Nepal. Native Australians have welcoming attitudes for international students with a multicultural environment which will help international students in building an international network around the world. The Australian approach to vocational and technical education is now recognized as among the best and most innovative in the world, making it a 3rd most popular study destination for students around the globe. Unlike other countries, Australia has an international student-friendly education policy like ESOS Act, Tuition Free protection right etc. Australia provides international students with PSW provision where we can gain most valuable international work experience. It is one of the very few countries that provide us this valuable opportunity to imply our education to a practical scenario. Tuition fees are also quite reasonable in Australia than in the USA and UK for a nursing degree. Additionally, to get an admission in Australia, students don't have to appear in a competitive and time-consuming test, namely SAT/ACT, whereas USA universities have such requirements for getting an admission. Plus, the crime rates are also increasing more in the USA. Moreover, UK tuition fees and living costs are comparatively higher than that of Australia, and immigration policies for international students are always in a changing mode. These all factors made me not to choose the USA and UK.

Why Melbourne?

I chose Melbourne instead of other cities because Melbourne has great weather, i.e. temperate climate with warm summer and mild winter along with some of the biggest companies in the world. European and Asian influences make the city rich with diversity. Similarly, it has a peaceful and safe atmosphere which will provide me a great environment to foster my education. Also, the expenses in Melbourne are less compared to Sydney. Similarly, the city has an international reputation and has globally recognized degree providers that offer research-led teaching and in-depth disciplinary knowledge, and also has technologically advanced learning spaces and internationally renowned teaching staff etc. Given the importance of globalization in management and development of companies, an education that fully addresses the international and multicultural realities of the modern business world.

Reason for choosing Holmesglen:

I was very sincere to upgrade my educational qualifications because I want to settle my career being a core nursing professional. For this specific purpose, I have done a good research to find the best education providers of Melbourne that provides the course of nursing. While choosing Holmesglen, I also had researched on some of the universities such as: Australian Catholic University- \$AU 81,408, La Trobe University- \$AU 102,000, Deakin University- \$AU 84,130. In these universities I found the English language requirements is quite higher and my score doesn't met the requirements for an admissions. Similarly, the fee structures are very high in comparing with Holmesglen for Bachelor of Nursing. After finding the higher English score requirements, I had to go through the pathway course i.e. Diploma leading to Bachelor of Nursing. So, I also researched in some of the pathway education providers such as: Chisholm Institute- \$AU 28,640, The Bendigo Kangan Institute- \$AU 35,900, Skills Training Australia- \$AU 36,840. After looking the fee structure I found The Bendigo Kangan Institute and Skills Training Australia fees are higher. Despite Chisholm Institute fee is lower than that of Holmesglen but the duration of the course at Chisholm is just of 78 weeks which will be incomplete for a students like me who doesn't have any previous health care education. Whereas in Holmesglen, I have been offered Diploma of Nursing in \$AU 32,400 and Bachelor of Nursing in \$AU 51,700 which is quite affordable comparing with other education providers to complete my whole nursing course. Also, starting with Diploma course, I can be fully filled with the basic nursing foundations and this will further makes my education strong while studying Bachelor of Nursing.

Moreover, Holmesglen is one of the largest providers of vocational and higher education in Victoria. Holmesglen has been welcoming international students since 1987. It was established in 1982 and ever since it had been providing 90 courses to over 7000 students, to a unique multi-sectorial provider offering over 530 courses to more than 50,000 students, both national and international. Holmesglen delivers internationally and nationally accredited courses in four different major campuses: Chadstone, Moorabbin, Waverley and City. Holmesglen invest to ensure that students have access to the best possible education and training facilities available. It has also the First Australian educational institute to be registered as ISO 9001/AS. During my research, I got that the institute has got reputation as well as feedback from alumni, and also the idea that the institute holds some key democratic principles that are: freedom of speech, freedom of religion, equal rights for all and so on. My yearly fee is also affordable that is AUD \$16,000 and 23,000 for diploma of nursing and bachelor of nursing as compared to other institutes in Australia with the. Holmesglen offers different services for international students i.e. simulation centre, conference centre and corporate suites, personal counselling, educational counselling, skill developments workshop, provide high standard of customer service and more. I went through the

website of the college that is www.holmesglen.edu.au and through the report of Holmesglen Institute of 2007 where I found that in 2007 Student Satisfaction Survey was conducted in total, 717 students were surveyed. From there, 92.6 percent of respondents reported they were 'satisfied' or 'very satisfied' with their course overall.

My chosen course Diploma leading to Bachelor of Nursing:

Diploma of Nursing:

Holmesglen's Diploma of Nursing is designed to cover the nursing skills and knowledge you require to be eligible for registration with the Nursing and Midwifery Board of Australia as an enrolled nurse, providing preparation for nursing practice that is client focused and holistic. This course allows the time to develop your skills and build confidence. Also, students will learn in Holmesglen Simulated Hospital Environment and Immersive Learning Centre. Students need to undertake 400 hours of clinical placement. The Diploma of Nursing consists of 20 core units with 5 electives which are as follows:

- Work with diverse people
- Promote Aboriginal and/or Torres Strait Islander cultural safety
- Research and apply evidence in practice
- Reflect on and improve own professional practice
- Comply with infection prevention and control policies and procedures
- Follow safe work practices for direct client care
- Manage personal stressors in the work environment
- Confirm physical health status
- Analyse and respond to client health information
- Plan, organise and facilitate learning in the workplace
- Practise nursing within the Australian health care system
- Apply communication skills in nursing practice
- Perform clinical assessment and contribute to planning nursing care
- Implement, monitor and evaluate nursing care plans
- Contribute to nursing care of a person with complex needs
- Apply principles of wound management in the clinical environment
- Administer and monitor medicines and intravenous therapy
- Apply legal and ethical parameters to nursing practice
- Implement and monitor care for a person with mental health conditions
- Apply a palliative approach in nursing practice
- Implement and monitor care for a person with acute health problems
- Implement and monitor care for a person with chronic health problems
- Implement and monitor care of the older person
- Apply nursing practice in the primary health care setting
- Conduct clinical assessment

Bachelor of Nursing (063699E):

This program is a three year program but will be completed in 2 years as I will be granting a year credit from 2 years Diploma of Nursing. This program integrates learning via not only traditional lectures and problem-based learning groups, but through clinical experiences in a simulated setting at selected teaching hospitals and community health facilities. This degree gives me practical experience from first year. I will be ready to register with the Australian Health Practitioner Regulation Agency (AHPRA) as a Registered Nurse. Students are prepared for practice through a combination of on-campus theory and the latest simulation activities, as well as supported clinical practice in a variety of health care settings. This clinical practicum forms an integral component of the degree, and students are exposed to nursing practice early within the course. The range of clinical placements offered within the curriculum reflects the diverse roles of nursing today. To be eligible for the award of Bachelor of Nursing a student must successfully complete 144 credit points comprising 24 core subjects. The degree has been fully accredited by the Victorian Registration and Qualifications Authority. Students who successfully complete the degree are eligible to apply to the Nursing and Midwifery Board of Australia (NMBA) for registration as a Registered Nurse. Student assessment is a combination of written and online assignments, tests, laboratory work, clinical skills assessment, portfolios, examinations and/or practical application projects. Students are required to attend tests and examinations as scheduled.

The course that is covered in Bachelor of Nursing are as follows:

- Nursing 1 – The Individual and Community
- Bioscience Foundations 1
- Integrated Clinical Practice 1
- Professional Studies 1 – The Health Context and Nursing Profession
- Nursing 2 – Foundations of Care
- Bioscience Foundations 2
- Integrated Clinical Practice 2
- Professional Studies 2 – Law and Ethics
- Nursing 3 – Clinical Care A
- Clinical Specialty 1 – Care of the Older Person
- Integrated Clinical Practice 3
- Professional Studies 3 - Research in Nursing
- Nursing 4 – Clinical Care B
- Clinical Specialty 2 - Mental Health
- Integrated Clinical Practice 4
- Professional Studies 4 - Evidence-Based Practice
- Clinical Specialty 3 - Rehabilitation and Community Care

- Clinical Specialty 4 - Family Centred Care
- Integrated Clinical Practice 5 Clinical Specialty 5 - High Dependency & Emergency
- Nursing 5 - Models of Care: Chronicity and Disability
- Integrated Clinical Practice 6
- Professional Studies 6 – Readiness for Practice
- Professional Studies 5 - Indigenous Culture and Health

My Future Plans:

I am always that person who had an aim to be the part of medical field. Having the degree of nursing means I will be really honored as nursing degree as well as career is well respected in Nepal. For establishing my career being expert in my career some practical exposures are mainly important. So, to grab the real practical exposure in the modern zone, I will apply for Post study Work. In this specific period, I want to be capable of demonstrating advanced skills in application of standard, caring and professional nursing practices in the real workplace. After grabbing some essential exposure, I will come back to my country. I know very well about my country and I have clearly seen that there is a need of qualified and expert nurses in the medical field. Nepal in terms of medical industry is in developing phase because of different modernized hospitals are increasing day by day. So, with the world class skills and education I attained from Australia, I will be able to utilize my expertise in the nursing field. Hence, after coming back to Nepal with the reputed degree I want to hold a position of Senior Nurse in one of the reputed hospitals like the Norvic International, Grandee International and Maharajgunj Teaching Hospital. For leading my nursing professions further ahead in my homeland, I will be applying for job as the designation of Senior Nurse. My expected salary would be around NRS 50000.00-60,000.00 which will surely increase with some years of experience in the related field. In addition, I am sure that Australian degree and practical exposure will make me expert to use clear and appropriate language to establish and maintain relationships when interacting with patients, families, and health care team members to ensure the necessary actions are be taken in proper time. Similarly, with the real exposure gained from Australia, I would be glad in providing health service properly in Nepal. So, with my aim being a Senior Nurse, I will surely share my skills and knowledge in developing the medical field of Nepal.

Financial Details:

I have already mentioned that I live in a small family with 6 members in the family. They are my grandparents, parents, elder sister and me. My entire family is very supportive with my decision to study in Australia. For this purpose, my family are sponsoring me. Basically, my grandfather has an annual income of NRs. 145000.00 from agriculture. In

addition, my mother has an annual income of NRs. 432000.00 and NRs. 180000.00 from house rent and salary respectively. Along with this, my father also has an annual income of NRs. 337000.00 from salary working as a Senior Coordinator at Shining English Secondary School and he also has an income of NRs. 780102.97 from the same school as he is the 50% shareholder of the school. Moreover, my family has taken an education loan of NRs. 3500000.00 from NCC Bank which will be used from my study purpose while in Australia.

Visa Conditions:

I am well aware with the visa conditions that should be followed being an international students. Some of my visa understandings are as follows:

- I need to maintain minimum 80% of attendance
- I am allowed to work 40hrs per fortnight on part time basis.
- I need to clear 50% of subjects in each term
- I need to maintain health insurance until I remain in Australia
- I must notify to University/DIBP within 7 days if I change the address/contact details.

Finally, I would like thank the respected visa officer for going through my statement of purpose.

Sincerely Yours,

Anisha Bala

Mob: 009779808686058